

SCWOA TRAINING SCHEDULE—CC/SF Section—2008-2009

SESSION ONE— MONDAY, OCTOBER 13 Camarillo HS—C6
Welcome and Introductions
Anita Diaz—CIF procedures; ejections
Training Procedures and Schedule
Information sheets; policies; assignment procedure; availability; roster (contacts) fees;
Rule Changes—Tony Ovalle
Pass out situations; rules 1-3; Read Rules 1-3;p. 82
PIZZA

SESSION TWO--MONDAY, OCTOBER 20 Camarillo HS—C6
Rule Changes
Review Situations Rules 1-3;
Rules 1-3
SIGNALS; MAT POSITIONING—PRESENTER – Erwin Goldbloom
ASSISTANT REFEREE—PRESENTER; -- Chuck Harrison
Pass out situations; rule 5; Read Rule 5:Pictures 5-26.

SESSION THREE--MONDAY, OCTOBER 27 Camarillo HS—C6
Go over situations; Rule 5
RULE FIVE—DEFINITIONS—PRESENTER – Sergio Cortez
Pass out situations; Rule 7; Read Rule 7; pics38-103

SESSION FOUR--SATURDAY, NOVEMBER 1 Royal HS—Wrestling Room
Go over situations;
POTENTIALLY DANGEROUS HOLDS—PRESENTER – Sergio Cortez
ILLEGAL HOLDS PRESENTER – Erwin Goldbloom
MAT CONTROL and CONFERENCES—PRESENTER – Tiloi Tuitama
STALLING and STALEMATE—PRESENTER – Dan Sanchez
EDGE OF MAT CALLS—TOUGH CALLS - PRESENTER – Chuck Harrison

Pass out situations; Rules 4 and 6: Read Rules 4 and 6; pics 1-3; 26-37.

SESSION FIVE--MONDAY, NOVEMBER 3 Camarillo HS—C6
Go over situations Rules 4 and 6;
ARRIVAL AT SITE—PRESENTER – Lou Trygar
CONDUCT OF MATCHES—PRESENTER – Dan Maxey
Pass out situations Rules 8 and 9;Scoring and Penalty charts;
Pass out sample test questions

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SESSION SIX--MONDAY, NOVEMBER 10 Camarillo HS—C6

Review questions from Saturday.

Go over situations;

PENALTIES AND INJURIES—PRESENTER – Jim Stych

Scoring; Scoring Chart

Review test questions; how to study for test

SESSION SEVEN--MONDAY, NOVEMBER 17 Camarillo HS—C6

Written Test

SESSION EIGHT--TUESDAY, NOVEMBER 25 Royal HS—Wrestling Room/Gym

PRACTICAL; DRESSED AND ON THE MAT; ASSIGNMENTS

Royal High School Intra-Squad Match

NOVICE TOURNAMENTS

Friday, December 5;

3:15 pm Marmonte League @ TO

 Pacific View League CAMARILLO

Saturday, December 6;

9 am Channel League VENTURA